


2018

SEPTEMBER

<p>3</p> 	<p>4</p> <p>Double Oatmeal Bar Grahams Cracker Fruit Variety Choice of Milk</p>	<p>5</p> <p>Banana Muffin Zac Bar Cocoa Puff Fruit Variety Choice of Milk</p>	<p>6</p> <p>Breakfast Bun Fruit Variety Choice of Milk</p>	<p>7</p> <p>Grahams Cracker Bagel w/ cream cheese Fruit Variety Choice of Milk</p>
<p>10</p> <p>Cocoa Puff Cereal Fruit Variety Choice of Milk</p>	<p>11</p> <p>Breakfast Donut Fruit Variety Choice of Milk</p>	<p>12</p> <p>String Cheese Apple Jack Cereal Fruit Variety Choice of Milk</p>	<p>13</p> <p>Blueberry Muffin Grahams Crackers Fruit Variety Choice of Milk</p>	<p>14</p> <p>Yogurt w/ Granola Fruit Variety Choice of Milk</p>
<p>17</p> <p>Cinnamon Toast Cereal Fruit Variety Choice of Milk</p>	<p>18</p> <p>Double Oatmeal Bar Grahams Cracker Fruit Variety Choice of Milk</p>	<p>19</p> <p>Banana Muffin Zac Bar Cocoa Puff Fruit Variety Choice of Milk</p>	<p>20</p> <p>Breakfast Bun Fruit Variety Choice of Milk</p>	<p>21</p> <p>Grahams Cracker Bagel w/ cream cheese Fruit Variety Choice of Milk</p>
<p>24</p> <p>Cocoa Puff Cereal Fruit Variety Choice of Milk</p>	<p>25</p> <p>Breakfast Donut Fruit Variety Choice of Milk</p>	<p>26</p> <p>String Cheese Apple Jack Cereal Fruit Variety Choice of Milk</p>	<p>27</p> <p>Blueberry Muffin Grahams Crackers Fruit Variety Choice of Milk</p>	<p>28</p> <p>Yogurt w/ Granola Fruit Variety Choice of Milk</p>

***Fruit Variety**
includes

apples, pears,
bananas,
oranges,
melon, grapes,
pear, cantalope
and more

***Always**
Available Upon
Request at
Cafeteria*

❖ Chicken Salad
w/ Crackers
❖ Sunbutter &
Jelly Sandwich

Make sure to take your milk, the choice is yours
1 % White or Fat Free Chocolate

Breakfast



Northwest Catering

Taking Nutrition to A Tasty Level!

****This Institution is an equal opportunity provider****

****Menu is Subject to change****


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<p>3</p> 	<p>4</p> <p>Hamburger Mixed Salad French Fries Ketchup Fruit Variety Choice of Milk</p>	<p>5</p> <p>Mini Corndogs Carrot Coins Green Peas ketchup/Mustard Fruit Variety Choice of Milk</p>	<p>6</p> <p>Chicken Fajita Steamed Broccoli Cherry Tomato Chocolate Chip Cookie Fruit Variety Choice of Milk</p>	<p>7</p> <p>Cici's Cheese Pizza Mixed Salad baby carrots Rach Dressing Fruit Variety Choice of Milk</p>
<p>10</p> <p>BBQ Chicken Sandwich Corn Niblets Carrot Coins Chocolate Chip Cookies Fruit Variety Choice of Milk</p>	<p>11</p> <p>Chicken Tender Steamed Broccoli Cherry Tomatoes Ketchup/ Mustard Fruit Variety Choice of Milk</p>	<p>12</p> <p>Chicken Sandwich Veggie Baked Beans Pickles Ketchup/ Mustard Fruit Variety Choice of Milk</p>	<p>13</p> <p>Pasta & Meatballs Tater Tots Green Beans Ketchup Fruit Variety Choice of Milk</p>	<p>14</p> <p>Cici's Cheese Pizza Mixed Salad Baby Carrots Ranch Dressing Fruit Variety Choice of Milk</p>
<p>17</p> <p>Classy Cheeseburger French Fries Pickle Spear Ketchup Fruit Variety Choice of Milk</p>	<p>18</p> <p>Popcorn Chicken Veggie Baked Beans Mexi- Cali Corn Ketchup / Mustard Fruit Variety Choice of Milk</p>	<p>19</p> <p>Chicken Fingers Steamed Broccoli Tater Tots Chocolate Chip Cookie Ranch Dressing Ketchup Fruit Variety Choice of Milk</p>	<p>20</p> <p>Taco Salad Mixed Vegetables Fruit Variety Choice of Milk</p>	<p>21</p> <p>Cici's Cheese Pizza Mixed Salad Baby Carrots Ranch Dressing Fruit Variety Choice of Milk</p>
<p>24</p> <p>Mac & Cheese French Fries Steamed Broccoli Ketchup Fruit Variety Choice of Milk</p>	<p>25</p> <p>Mini Corndogs Carrot Coins Green Peas ketchup/Mustard Fruit Variety Choice of Milk</p>	<p>26</p> <p>Nachos w/ Ground Turkey Green Beans Cherry Tomato Chocolate Chip Cookie Fruit Variety Choice of Milk</p>	<p>27</p> <p>Chicken Nuggets Veggie Baked Beans Celery Sticks Ketchup Fruit Variety Choice of Milk</p>	<p>28</p> <p>Cici's Cheese Pizza Mixed Salad Baby Carrots Ranch Dressing Fruit Variety Choice of Milk</p>

*Fruit Variety includes

apples, pears, bananas, oranges, melon, grapes, pear, cantalope and more

Always Available Upon Request at Cafeteria

- ❖ Chicken Salad w/ Crackers
- ❖ Sunbutter & Jelly Sandwich

Make sure to take your milk, the choice is yours

1 % White or Fat Free Chocolate

Middle

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Taking Nutrition to A Tasty Level!

<p>3</p> 	<p>4</p> <ul style="list-style-type: none"> <input type="checkbox"/> Hamburger <input type="checkbox"/> BBQ Chicken Sandwich Mixed Salad French Fries Ketchup Fruit Variety Choice of Milk 	<p>5</p> <ul style="list-style-type: none"> <input type="checkbox"/> Mini Corndogs <input type="checkbox"/> Baleada (Bean Taco) Carrot Coins Green Peas ketchup/Mustard Fruit Variety Choice of Milk 	<p>6</p> <ul style="list-style-type: none"> <input type="checkbox"/> Chicken Fajita <input type="checkbox"/> Nachos w/ Turkey Ground Steamed Broccoli Cherry Tomato Chocolate Chip Cookie Fruit Variety Choice of Milk 	<p>7</p> <ul style="list-style-type: none"> <input type="checkbox"/> Cici's Cheese Pizza Mixed Salad baby carrots Rach Dressing Fruit Variety Choice of Milk
<p>10</p> <ul style="list-style-type: none"> <input type="checkbox"/> BBQ Chicken Sandwich <input type="checkbox"/> Taco salad Corn Niblets Carrot Coins Chocolate Chip Cookies Fruit Variety Choice of Milk 	<p>11</p> <ul style="list-style-type: none"> <input type="checkbox"/> Chicken Tender <input type="checkbox"/> Baleada (Bean Burrito) Steamed Broccoli Cherry Tomatoes Ketchup/ Mustard Fruit Variety Choice of Milk 	<p>12</p> <ul style="list-style-type: none"> <input type="checkbox"/> Chicken Sandwich <input type="checkbox"/> Mini Corndogs Veggie Baked Beans Pickles Ketchup/ Mustard Fruit Variety Choice of Milk 	<p>13</p> <ul style="list-style-type: none"> <input type="checkbox"/> Pasta & Meatballs <input type="checkbox"/> Lasagna w/ Turkey Ground Tater Tots Green Beans Ketchup Fruit Variety Choice of Milk 	<p>14</p> <ul style="list-style-type: none"> <input type="checkbox"/> Cici's Cheese Pizza Mixed Salad Baby Carrots Ranch Dressing Fruit Variety Choice of Milk
<p>17</p> <ul style="list-style-type: none"> <input type="checkbox"/> Classy Cheeseburger <input type="checkbox"/> Grilled Cheese Sandwich French Fries Pickle Spear Ketchup Fruit Variety Choice of Milk 	<p>18</p> <ul style="list-style-type: none"> <input type="checkbox"/> Popcorn Chicken <input type="checkbox"/> Turkey Dog Veggie Baked Beans Mexi- Cali Corn Ketchup / Mustard Fruit Variety Choice of Milk 	<p>19</p> <ul style="list-style-type: none"> <input type="checkbox"/> Chicken Fingers <input type="checkbox"/> Corn Dog Steamed Broccoli Tater Tots Chocolate Chip Cookie Ranch Dressing Ketchup Fruit Variety Choice of Milk 	<p>20</p> <ul style="list-style-type: none"> <input type="checkbox"/> Taco Salad <input type="checkbox"/> Lasagna w/ Turkey Ground Mixed Vegetables Fruit Variety Choice of Milk 	<p>21</p> <ul style="list-style-type: none"> <input type="checkbox"/> Cici's Cheese Pizza Mixed Salad Baby Carrots Ranch Dressing Fruit Variety Choice of Milk
<p>24</p> <ul style="list-style-type: none"> <input type="checkbox"/> Mac & Cheese <input type="checkbox"/> Hamburger French Fries Steamed Broccoli Ketchup Fruit Variety Choice of Milk 	<p>25</p> <ul style="list-style-type: none"> <input type="checkbox"/> Mini Corndogs <input type="checkbox"/> Baleada (Bean Taco) Carrot Coins Green Peas ketchup/Mustard Fruit Variety Choice of Milk 	<p>26</p> <ul style="list-style-type: none"> <input type="checkbox"/> Nachos w/ Ground Turkey <input type="checkbox"/> Chicken Fajitas Green Beans Cherry Tomato Chocolate Chip Cookie Fruit Variety Choice of Milk 	<p>27</p> <ul style="list-style-type: none"> <input type="checkbox"/> Chicken Nuggets <input type="checkbox"/> Breakfast for Lunch: Sausage & Pancakes Veggie Baked Beans Celery Sticks Ketchup Fruit Variety Choice of Milk 	<p>28</p> <ul style="list-style-type: none"> <input type="checkbox"/> Cici's Cheese Pizza Mixed Salad Baby Carrots Ranch Dressing Fruit Variety Choice of Milk

***Fruit Variety** includes
apples, pears, bananas, oranges, melon, grapes, pear, cantalope and more

Always Available Upon Request at Cafeteria

- ❖ Chicken Salad w/ Crackers
- ❖ Sunbutter & Jelly Sandwich

Two entree will be offered!
The choice is yours

Make sure to take your milk, the choice is yours

1 % White or Fat Free Chocolate

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High